

Common Name: Cardamon

Botanical Name: *Elettaria cardamomum*



- **Zone:** 10-12
- **Type:** Herbaceous perennial
- **Height:** 6-12 ft. in ideal conditions
- **Width:** 6 ft.
- **Habit:** Upright, mounding
- **Flower:** White flowers with a pink to violet striped lip grow on a loose spike
- **Bloom Season:** It will only flower under tropical conditions.
- **Foliage:** Lance-like leaves reach 2 ft. & are smooth, dark green.
- **Fruit:** Thin-walled, smooth-skinned, oblong, greenish capsules about 3/4 in.
- **Flavor:** Spicy
- **Fragrance:** Clean, antiseptic
- **Sun:** Filtered shade
- **Soil:** Average
- **Water:** Continually wet
- **Tolerant:** Drought
- **Attracts:** Butterflies
- **Uses:** Seeds can be chewed to sweeten the breath and to detoxify caffeine effects. Used as a spice in cooking, curry powders, flavor confectioneries, liqueurs and chewing gums & medicines. Sometimes it is ground & mixed with coffee. There are many medicinal uses, but always consult your doctor before using any of them.
- **Harvesting:** Very labor intensive

