## **Common Name: Lavender, Folgate** Botanical Name: *Lavandula angustifolia* 'Folgate'





**Zone**: 5 - 9 Type: Herbaceous perennial - CULINARY **Height:** 24 – 36 in. Width: 24 – 36 in. Habit: Mounding Flower: Iridescent violet-blue Bloom Season: May Foliage: Gray-green, narrow, small leaves Flavor: Sweet Fragrance: Light, sweet, lavender scent Sun: Full sun Soil: Well-drained, sandy-gravelly, alkaline Water: Dry-medium **Tolerant:** Drought, heat, deer, rabbit Culinary: Lavender Lemonade. Leaves and flowers are also used to flavor meat and fish dishes, sweet treats, lavender ice cream. Garden Uses: Fragrance garden; great in containers, cut flower, dried flower, low hedge, herb garden, rock garden, borders Other Uses: Potpourri, sachets, mosquito repellant Attracts: Bees, butterflies Harvesting: For cooking, sachets & potpourris, cut flower spikes or strip flowers from stems just as blossoms show color; dry in a cool, shaded place. Leaves can be stripped & used fresh or dried. Essential oils are extracted via steam distillation.

**Note:** Mulch with rock, no organic mulches please.

Information provided on the traditional uses and properties of herbs are for educational use only, and is not intended as medical advice. You should always check with your health care practitioner before self-administering herbs.

