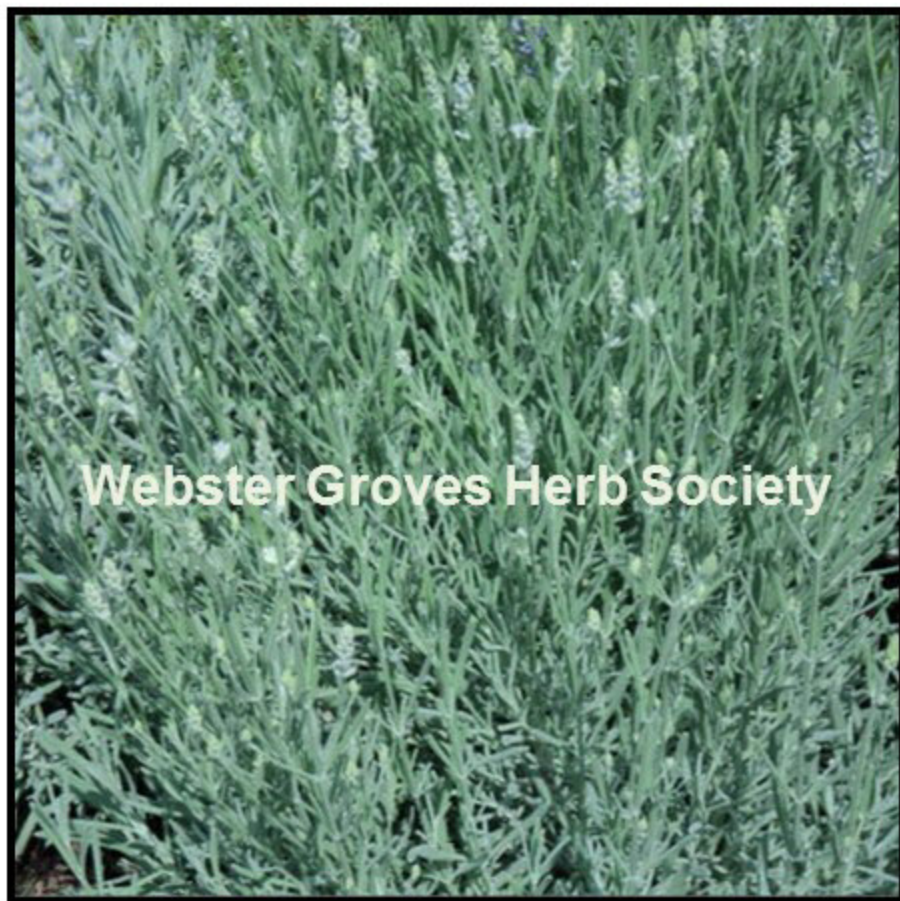


# Common Name: Lavender, Grosso

## Botanical Name: *Lavandula x intermedia* 'Grosso'



**Zone:** 5 – 8

**Type:** Herbaceous perennial

**Height:** 2 – 2.5 ft.

**Width:** 2 – 2.5 ft.

**Habit:** Compact shrub

**Flower:** Large, plump, lavender clusters on terminal spikes

**Bloom Season:** June to August

**Foliage:** Narrow, gray-green leaves up to 2.5 in. long

**Flavor:** Strong

**Fragrance:** Highly scented

**Sun:** Full sun

**Soil:** Well-drained, sandy-gravelly, alkaline

**Water:** Dry-medium

**Tolerant:** Drought, heat, deer

**Culinary Uses:** Sweet treats, lavender ice cream, use sparingly in heavier meats & cheese dishes

**Garden Uses:** Alpine rockery, bedding plant, borders, cut flower, fragrance garden, ornamental

**Medicinal Uses:** Tonic against faintness, palpitations of a nervous sort, weak giddiness, spasms and colic, essential oils are used to relieve headaches, fatigue

**Other Uses:** Potpourri, sachets, soap making, leaves help repel mosquitoes

**Harvesting:** Cut the spikes, before fully opened, in early morning, tie in bundles of 50-100, hang in cool, dry, shaded area with good air circulation. Essential oils are extracted via steam distillation.

**Photo:** MO Botanical Garden, taken by WGHS member Anita Jaggerst

**Attracts:** Butterflies, bees



Information provided on the traditional uses and properties of herbs are for educational use only, and is not intended as medical advice. You should always check with your health care practitioner before self-administering herbs.