

Common Name: Lavender, Munstead

Botanical Name: *Lavandula angustifolia* 'Munstead'



Zone: 5-8

Type: Herbaceous perennial

Height: 1-1.5 ft.

Width: 1-1.5 ft.

Habit: Compact, mounding

Flower: Blue, lavender, terminal spikes

Bloom Season: June-Aug.

Foliage: Very narrow, gray-green leaves up to 2 in. long on square stems

Flavor: Sweet

Fragrance: Light, sweet, lavender scent

Sun: Full sun

Soil: Well-drained, sandy-gravelly, alkaline

Water: Dry-medium

Tolerant: Drought, heat, wind, deer

Attracts: Butterflies

Uses: Container, herb garden, rock gardens, fragrance garden, borders, potpourris, cut & dried arrangements. Essential oils are used in perfumes, lotions, shampoos & to relieve skin irritation. Great in jams, salads, cookies, breads, fish, potato soup, sweet desserts, cake decorations, savory dishes, teas, lemonade, stems as skewers, small bundles added to grill. Many medicinal uses.

Harvesting: For cooking, sachets & potpourris, cut flower spikes or strip flowers from stems just as blossoms show color; dry in a cool, shaded place. Leaves can be stripped & used fresh or dried. Essential oils are extracted via steam distillation.

Note: Mulch with rock, no organic mulches please.

