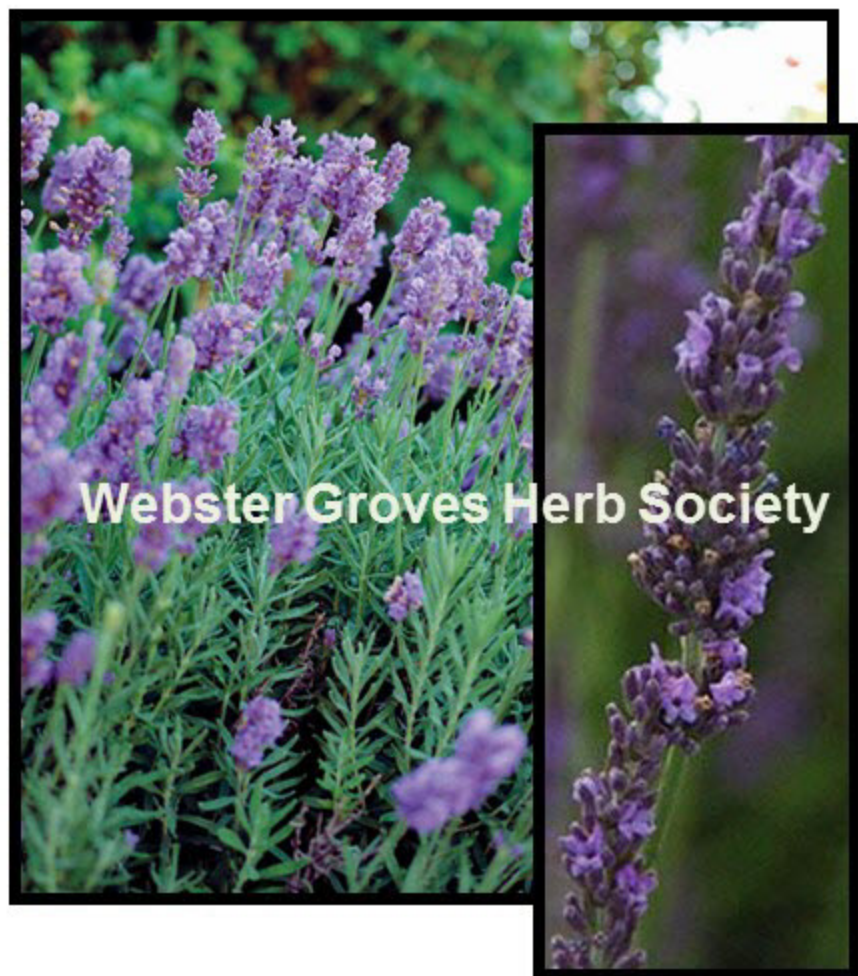


# Common Name: Lavender, Phenomenal

Botanical Name: *Lavandula x intermedia* 'Phenomenal'



Zone: 4 – 8

Type: Herbaceous perennial

Height: 24 – 32 in.

Width: 24 – 28 in.

Habit: Mounding

Flower: Deep blue-purple

Bloom Season: Mid-summer to early fall

Foliage: Narrow, silver-green leaves

Flavor: Strong

Fragrance: Highly scented

Sun: Full sun

Soil: Well-drained, sandy-gravelly, alkaline

Water: Dry-medium

Tolerant: Drought, heat, deer

Culinary Uses: Sweet treats, lavender ice cream, use sparingly in heavier meats & cheese dishes

Garden Uses: Border, containers, cut flowers, fragrance garden, massed, herb garden

Medicinal Uses: Essential oils are used to relieve headaches, fatigue

Other Uses: Potpourri, sachets, soap making, leaves help repel mosquitoes

Harvesting: Cut the spikes, before fully opened, in early morning, tie in bundles of 50-100, hang in cool, dry, shaded area with good air circulation. Essential oils are extracted via steam distillation.

Attracts: Butterflies, bees, hummingbirds



Information provided on the traditional uses and properties of herbs are for educational use only, and is not intended as medical advice. You should always check with your health care practitioner before self-administering herbs.