

# Common Name: Parsley, Japanese (Mitsuba)

## Botanical Name: *Cryptotaenia japonica*



**Zone:** 5-8

**Type:** Herbaceous perennial

**Height:** 1-2 ft

**Space:** 1-1.5 ft

**Habit:** Clumping

**Flower:** White

**Bloom Season:** June to July

**Foliage:** Ternate compound leaves (mitsuba means three leaves in Japanese) with serrated ovate segments

**Flavor:** Parsley-like

**Fragrance:** Fresh

**Sun:** Partial shade

**Soil:** Average-rich, well-drained soil

**Water:** Medium

**Culinary uses:** Leaves are used raw or cooked, and are used very much like parsley. Root can be blanched and used like celery.

**Garden Uses:** Border, great in containers, fragrance/herb garden, shade garden

**Medicinal Uses:** Women's complaints. Used in the treatment of hemorrhages, colds, fevers etc. Used as a tonic for strengthening the body

**Attracts:** Butterflies

**AKA:** Japanese honeywort

