



Mint Party Water

We served this refreshing beverage at our Mints Mini Workshop at the Missouri Botanical Garden on June 11, 2016.

container such as quart jar or half gallon jar

lots and lots of mint

Select a container such as a quart jar or a half gallon jar.

Stuff the jar with as many mint stems as will fit in your container, lots and lots of mint.

Pour cold water over the mint.

Let it stand for about 1½ hours.

Strain out the mint and discard.

Chill the mint water.

Serve cold.

You can make mint water days earlier and freeze.

Then add the frozen mint cubes to the water for serving.

Enjoy!